EL CAYO
RESTAURANT

Menu

Aperitivos
APPETIZERS

SURTIDO CAYO TIERRA
/CAYO LAND ASSORTMENT
Kan Kan bites, Chicken cracklings, Mini Turengs (alcapurrias), Mini turnovers, Grilled sausage, French fries or Green plantain chips

$30

EL CAYO TOSTONES RELLENOS MIXTOS
/EL CAYO STUFFED TWICE FRIED PLANTAINS
Spicy crab, Shrimp, Octopus

$25

SURTIDO CAYO MAR
/CAYO MAR ASSORTMENT
Fish bites, Cod croquettes, Calamari, mini turnovers, mini flour fritters, Shrimp & Octopus

$35

OTROS...

Camarones con coco / Coconut Shrimp	$16
Spicy Crab (Montaditos)	$12
Calamares Fritos / Fried Calamari	$10
Chorizo al Vino / Sausage in Wine	$16
Queso Frito / Fried Cheese	$10
Kan Kan Bites / Kan Kan Bites	$12
Mejillones / Mussels	$12
Fish Tacos / Fish Tacos	$14
Croquetas de Bacalao / Cod Fish Croquettes	$12

Cocktail de pulpo / Octopus Cocktail	$20
Cocktail camarones / Shrimp Cocktail	$15
Cocktail mixto / Mixed Cocktail (Pulpo & Camarones) (Octopus & Shrimp)	$22

Aperitivos
APPETIZERS

TOSTONES RELLENOS
/ STUFFED TWICE FRIED GREEN PLANTAINS

Churrasco / Skirt Steak	*$22*
Pollo / Chicken	*$8*
Camarones / Shrimp	*$15*
Pulpo / Octopus	*$20*

AREPAS RELLENAS
/ STUFFED AREPA

Pulpo / Octopus	*$15*
Camarones / Shrimp	*$12*
Mixta (Pulpo & Camarones) / Mixed (Shrimp & Octopus)	*$16*

SOPA DEL DÍA
/ SOUP OF THE DAY

Pregunte por nuestra sopa del día / Ask for our soup of the day.	*$6*

PASTELILLOS
/ TURNOVERS

Carne / Beef	*$2.50*
Pollo / Chicken	*$2.50*
Chapín / Trunk fish	*$3.25*
Langosta / Lobster	*$4.00*
Pulpo / Octopus	*$3.50*
Carrucho / Conch	*$4.00*
Camarones / Shrimp	*$3.50*
Jueyes / Land crabs	*$3.25*

Pescado
FISH

Pescado Completo / Whole fish
Frito, crema de ajo, criollo, mantequilla / fried, garlic cream sauce, tomato sauce, butter sauce

Por peso / According to weight

Filete de Pescado
FISH FILLETS

(crema de ajo, criollo, mantequilla, crema de Brandy)
(garlic cream sauce, tomato sauce, butter sauce, Brandy cream sauce)

Mero / Grouper	*$22*
Chillo / Red Snapper	*$22*
Dorado / Mahi - Mahi	*$24*
Salmón / Salmon	*$24*

Mofongo Relleno
STUFFED GREEN PLANTAINS

(crema de ajo, criollo, mantequilla)
(cream of garlic, tomato sauce, butter sauce)

Langosta / Lobster	*$30*
Pulpo / Octopus	*$30*
Carrucho / Conch	*$30*
Camarones / Shrimp	*$24*
Mixto / Mixed	*$35*
Pescado / Fish	*$17*
Pollo / Chicken	*$16*
Churrasco / Skirt Steak	*$35*
Vegetales / Vegetables	*$12*

Mariscos
SEAFOOD

(ensalada, crema de ajo, criollo, mantequilla)
(salad, garlic cream sauce, tomato sauce, butter sauce)

Langosta / Lobster	*$30*
Pulpo / Octopus	*$30*
Carrucho / Conch	*$30*
Camarones / Shrimp	*$24*
Cambimbora / Mixed Seafood	*$35*

Ensaladas
SALADS

Caesar Salad / Caesar Salad	$6
Caesar Salad de Pollo / Chicken caesar salad	$16
Caesar Salad Churrasco / Skirt steak caesar salad	$35

A la Parrilla
GRILLED

Churrasco / Skirt Steak	$35
Costillas St. Louis / St. Louis Ribs	$30
Ribeye	$35
Chuleta de Cordero / Lamb Chop	$29
Pechuga de Pollo / Chicken Breast	$16
Tomahawk	Por peso / According to weight
T-Bone	$29
Langosta / Lobster	Por peso / According to weight

Burgers

(carne o pollo) (beef or chicken)

Cayo Burger	$14
Cayo Burger Special	$20

Especialidades
SPECIALTIES

CHILLO CAYO ESPECIAL
/ CAYO RED SNAPPER SPECIAL
Chillo acompañado de un rabo de langosta y mariscos mixtos
/ Red Snapper accompanied with a lobster tail and mixed seafood
$65

TESOROS DEL MAR
/ SEA TREASURES
Medallones de langosta con camarones servidos en mofongo de yuca
/ Lobster medallions with shrimp served with seasoned mashed cassava mofongo
$50

LANGOSTA EL CAYO
/ EL CAYO LOBSTER
Langosta rellena de mariscos mixtos
/ Lobster stuffed with mixed seafood
Por peso
According to weight

EL CAYO MAR & TIERRA
/ EL CAYO LAND & SEA
Rabo de langosta combinado con churrasco
/ Lobster tail combined with Skirt Steak
$65

CHILLO EL CAYO
/ EL CAYO RED SNAPPER
Chillo relleno de mariscos mixtos
/ Red Snapper stuffed with mixed seafood
$55

TRÍO EL CAYO
/ EL CAYO TRIO
Combinación de churrasco, pechuga de pollo y camarones
/ Skirt Steak, chicken breast and shrimp combination
$48

VOLCÁN EL CAYO
/ EL CAYO VOLCANO
Churrasco relleno de camarones en salsa de la casa
/ Skirt Steak stuffed with shrimp in our house sauce
$45

PAELLA EL CAYO
/ EL CAYO PAELLA
Paella de Mariscos (para dos)
/ Seafood Paella (for two)
$45

Comida Criolla
CREOLE FOOD

Chuleta Kan Kan / Kan Kan pork chop	$18
Carne Frita / Fried Pork Meat	$14
Pechuga de Pollo Rellena / Stuffed Chicken Breast	$22
Pechuga de Pollo Milanesa / Chicken Milanese	$20
Pechuga de Pollo Parrilla / Grilled Chicken Breast	$16

Pastas

(penne en salsa Alfredo) (penne in Alfredo sauce)

Pollo / Chicken	$16
Camarones / Shrimp	$24
Churrasco / Skirt Steak	$35
Vegetales / Vegetables	$12

KIDS Menu

Tiritas de pescado / Fish strips	$9
Tiritas de pollo / Chicken strips	$8
Pasta Pollo / Chicken pasta	$10
Cayo Cheese Burger	$9
Macarrones con queso / Mac & Cheese	$6

Postres

Flan de queso / Cheese custard	$4
Flan de Vainilla / Vanilla Custard	$4
Flan de Coco / Coconut custard	$4
Flan de Guayaba / Guava Custard	$4
Cheesecake	$6
Tiramisu de chocolate / Chocolate tiramisú	$8
Bizcocho tres leches / Three milks cake	$4

Side Dishes

Arroz Blanco & habichuelas / White Rice and beans	$5
Arroz Mamposteao / Yellow rice with beans	$5
Tostones / Twice fried green plantain	$4
Tostones de pana / Twice fried Breadfruit	$5
Mofongo plátano / Seasoned green plantain	$5
Mofongo Yuca / Seasoned Cassava	$6
Amarillos / Fried yellow plantains	$4
Batatas fritas / Fried Sweet Potatoes	$4
Yuca frita / Fried Cassava	$4
Risotto Parmesano & Setas / Parmesan Risotto and Mushrooms	$6
Arepas / Flour fritters	$3
Arepas de coco / Coconut flavored flour fritters	$3
Majado de Viandas / Mashed root vegetables	$6

ENCUÉNTRANOS:

(787) 438-0955

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Visita el resto de nuestra familia

Agua Viva Restaurant & Bar

El Makito Restaurant

Ikakos Bar & Restaurant Naguabo, Puerto Rico

El Cayo Restaurant

Kokolos Restaurant & Bar

El Muelle Restaurant & Bar